**Unit 8 How do you make a banana milk shake?**

**Section B3 (3a-Self check)**

**【学习目标】**

1. 理解并掌握下列短语：

Key phrases: rice noodles, for breakfast/lunch/dinner, chicken soup, one by one, cut up, put…into…

2. 能够综合运用所学的知识以及根据所给的提示词来完成阅读填空的任务。

3. 能够综合运用所学的知识来学习写作自己所熟悉的食物的制作过程以及所需的原料。

4. 完成Self check的中练习题。

5. 通过制作食物的介绍, 培养学生的实际生活能力, 了解生活知识, 增长生活阅历, 培养实践操作能力和动手能力。

**【重点和难点】**

To learn the recipe of Yunnan Rice Noodles

To learn to write a recipe for your favorite food

**【课前预习】**

Task 1 英汉互译。

1.  cut …into pieces \_\_\_\_\_\_\_\_\_\_\_ 2. put…into…\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. add…to… \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4. 米线 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. 一个接一个 \_\_\_\_\_\_\_\_\_\_\_\_\_\_ 6. chicken soup\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Task 2 Free talk

Think of a favorite food in your hometown. Make a list of ingredients.

**【合作探究】**

Step 1 Lead in

Did you eat Yunnan Rice Noodle? Today we'll focus on a traditional food in China—Yunnan Rice Noodles. Let's learn how to make it.

Step 2 Reading

Work on 3a

1. Read the instructions and the words in the box.

2. Fill in the blanks with the words in the box.

3. Check the answers.

Step 3 Writing

Work on 3b & 3c

1. Think of a favorite food in your hometown. Then make a list of ingredients.

2. Write a recipe for your favorite food. Use 3a and 3b to help you.

Step 4 Pair work

Work on 4

Make up a crazy recipe with your partner.

Step 5 Self Check.

1．Complete the tasks.

2．Check the answers.

**【课时小结】**

本节课我们学习了如何制作中国传统食物—云南米线，并学会用所学的知识写出自己喜欢的食物的制作过程。

词组: rice noodles, for breakfast/lunch/dinner, chicken soup, one by one, cut up，

put…into…

**【达标检测】**

**Ⅰ. 根据汉语意思及括号内所给英文提示语，将下列句子翻译成英语。**

1. 我表妹每天吃一碗米线。 (rice noodle)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. 接下来，用高温将这些食物煮半个小时。 (next)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. 逐一将牛奶和酸奶倒进碗里。 (one by one)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. 你们需要多少水？ (how much)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Ⅱ. 根据短文内容，从方框中选择恰当的词语填空，有的需要变换形式。**

|  |
| --- |
| sugar, fill, pour, shake, happy, serve, sandwich |

The smell of coffee woke me up. I ran into the kitchen. There was Grandpa! He was happy to see me. He (1)\_\_\_\_\_\_\_\_ hands with me.

Mom said, “I'll make (2)\_\_\_\_\_\_\_\_. Go down to the cellar (地下室) and bring (拿来) me that jar (罐子) (3)\_\_\_\_\_\_\_\_ with pieces of apples.” That was the last jar. We saved it (4)\_\_\_\_\_\_\_\_ Grandpa. I took down the jar and put both my hands around it. I walked very carefully. Suddenly (突然) the jar walked out of my hands. Then pieces of apples flew everywhere.

“Are you OK?” Mom came quickly. I thought she was (5)\_\_\_\_\_\_\_\_, but that was all she said. Grandpa said, “Never mind, Mike, accidents (意外) often happen.”

“Now go out of the kitchen,” Mom said. “I'll make a special (6)\_\_\_\_\_\_\_\_ hamburger, and it doesn't need apples.”

Grandpa and I went out, but I felt sad. He (7)\_\_\_\_\_\_\_\_ some water for me. I drank some, and then he told me some interesting things in the countryside. About an hour later, Dad came back. Mom called us in for Thanksgiving dinner.

**【自我评价】**

1. 本课我学会了什么？

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. 通过本课的学习，我还有哪些疑问？

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**参考答案：**

**【课前预习】**

1. 把……切成片 2. 把……放入…… 3. 把……加入到……里

4. rice noodles 5. one by one 6. 鸡汤

**【达标检测】**

Ⅰ. 1. My cousin eats one bowl of rice noodles every day.

 2. Next, cook the food at a very high temperature for half an hour.

  3. Pour milk and yogurt into the bowl one by one.

 4. How much water do you need?

II. 1. shook 2. sandwiches 3. filled 4. to serve

5. unhappy 6. sugar 7. poured